

# February



THE **LAWSON** ACADEMY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> <span style="float: right;">3</span> Corn chex/educational snacks <b>LUNCH</b> Crispy chicken sandwich (DF) <b>Glazed carrots</b>	<b>BREAKFAST</b> <span style="float: right;">4</span> Biscuit & country gravy <b>LUNCH</b> Pretzel dog (DF) <b>Seasoned green beans</b>	<b>BREAKFAST</b> <span style="float: right;">5</span> yogurt w/ honey grahams <b>LUNCH</b> Pepperoni pizza <b>Broccoli florets w/ranch</b>	<b>BREAKFAST</b> <span style="float: right;">6</span> Cinnamon roast bagel <b>LUNCH</b> Hot meatball sub <b>Steamed corn</b>	<b>BREAKFAST</b> <span style="float: right;">7</span> Cornbread & egg omelet <b>LUNCH</b> Five cheese lasagna (V) <b>Carrot, corn &amp; peas</b>
<b>BREAKFAST</b> <span style="float: right;">10</span> Zeezee apple crisp bar <b>LUNCH</b> Panada pie (V) <b>island glazed carrots</b>	<b>BREAKFAST</b> <span style="float: right;">11</span> Pancakes w/syrup <b>LUNCH</b> Jambalaya (DF) <b>Seasoned green beans</b>	<b>BREAKFAST</b> <span style="float: right;">12</span> Buenos dias breakfast burrito <b>LUNCH</b> Cheese pizza (V) <b>Pinto beans</b>	<b>BREAKFAST</b> <span style="float: right;">13</span> Egg & cheese brekwich <b>LUNCH</b> Beef cheeseburger <b>Chopped lettuce &amp; sliced tomatoes</b>	<b>BREAKFAST</b> <span style="float: right;">14</span> Plain bagel <b>LUNCH</b> Hot dog (DF) <b>Steamed corn</b>
<b>BREAKFAST</b> <span style="float: right;">17</span> Corn chex/educational snacks <b>LUNCH</b> Mighty meaty deli combo <b>Baby carrots</b>	<b>BREAKFAST</b> <span style="float: right;">18</span> Sausage & cheddar biscuit <b>LUNCH</b> Chicken gumbo & cornbread <b>Seasoned green beans</b>	<b>BREAKFAST</b> <span style="float: right;">19</span> Waffle w/syrup <b>LUNCH</b> Pepperoni pizza <b>Broccoli florets w/ranch</b>	<b>BREAKFAST</b> <span style="float: right;">20</span> Yogurt parfait strawberry <b>LUNCH</b> Spaghetti & meatballs (DF) <b>Black beans, edamame, corn &amp; diced carrots</b>	<b>BREAKFAST</b> <span style="float: right;">21</span> Cornbread & egg omelet <b>LUNCH</b> Sloppy joe's (DF) <b>Carrot, corn &amp; peas</b>
<b>BREAKFAST</b> <span style="float: right;">24</span> Zeezee cinnamon crisp bar <b>LUNCH</b> BBQ beef flatbread melt <b>Glazed carrots</b>	<b>BREAKFAST</b> <span style="float: right;">25</span> Pancakes w/syrup <b>LUNCH</b> Jambalaya <b>Seasoned green beans</b>	<b>BREAKFAST</b> <span style="float: right;">26</span> SW chicken chorizo & cheese bagel sandwich <b>LUNCH</b> Cheese pizza (V) <b>Steamed corn</b>	<b>BREAKFAST</b> <span style="float: right;">27</span> Mini cheese omelet w/French toast stick <b>LUNCH</b> Chicken and Waffles <b>Chopped lettuce &amp; sliced tomatoes</b>	<b>BREAKFAST</b> <span style="float: right;">28</span> Yogurt/ granola <b>LUNCH</b> BF for lunch: pancakes w/sausage <b>Pinto beans</b>

## Black History Month



Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

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revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Student Favorite ★

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request