February 2023

Lawson Academy
Lunch K-8 PrePack

		01 **Entree** Grilled Chicken **Vegetables** Green Beans Collard Greens **Fruit** Banana **Grains** Mac & Cheese	**02** **Entree** Grilled Cheese **Vegetables** Corn Sweet Potato Fries **Fruit** Craisins	**03** **Entree** Chicken Alfredo **Vegetables** Diced Carrots Broccoli **Fruit** Red Apple Slices
06 **Entree** Cheeseburger **Vegetables** Corn Baked Beans **Fruit** Orange	**07** **Entree** Chicken Tenders & BBQ Sauce **Vegetables** Diced Carrots Green Peas **Fruit** Applesauce	**08** **Entree** Breaded Chicken Sandwich **Vegetables** Collard Greens Sliced Carrots **Fruit** Banana	**09** **Entree** Spaghetti & Meatsauce **Vegetables** Vegetable Blend Broccoli **Fruit** Craisins	**10** **Entree** Mozzarella Cheese Stuffed Breadsticks **Vegetables** Green Beans Marinara Sauce Dunk Cup **Fruit** Red Apple Slices
13 **Entree** Turkey Hot Dog **Vegetables** Baby Carrots Crinkle Cut Fries **Fruit** Orange **Misc.** Ranch	**14** **Entree** Chicken Fajitas **Vegetables** Pinto Beans Sautéed Peppers & Onions **Fruit** Cool Tropics Slush **Grains** Mexican Rice **Milk** Valentine's Day Strawberry Milk	**15** **Entree** Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks **Vegetables** Salsa Diced Potatoes **Fruit** Banana	**16** **Entree** Chicken Nuggets **Vegetables** Mashed Potatoes & Gravy Green Beans **Fruit** Craisins	**17** **Entree** Cheesy Chicken Spaghetti **Vegetables** Broccoli Carrots **Fruit** Red Apple Slices
20	**21** **Entree** Chicken Tenders & BBQ Sauce **Vegetables** Diced Carrots Baked Beans **Fruit** Applesauce	**22** **Entree** Salisbury Steak w/ Gravy **Vegetables** Corn Sugar Snap Peas **Fruit** Banana **Grains** Blended Rice	**23** **Entree** Spaghetti & Meatballs **Vegetables** Green Peas **Fruit** Craisins	**24** **Entree** Mozzarella Cheese Stuffed Breadsticks **Vegetables** Broccoli Marinara Sauce Dunk Cup **Fruit** Red Apple Slices
27 **Entree** Mini Chicken Corn Dogs **Vegetables** Baby Carrots Wedge Cut Fries **Fruit** Orange **Misc.** Ranch	**28** **Entree** Beef Taco **Vegetables** Sautéed Peppers & Onions Pinto Beans **Fruit** Applesauce **Grains** Mexican Rice			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.